Sunday Monday Tuesday Wednesday Thursday Friday Saturday

February 2025







10:00 Sit Fit Moves to Music! (AR)
10:30 Wii Bowling Tournament
with Clark and Friends (AR)
1:00 Anagrams with MJ! (AR)
1:30 Play Backgammon with Don (AR)
3:00 NICKEL BINGO! (AR)

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9:00 Riverside Church (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 1:00 Cornhole Practice (V) 2:00 BINGO! (AR) 3:00 Movie Matinee (LB) Groundhog Day	9:30 Morning Meditations (AR) 10:00 Monday Morning Moves w/ Discovery at Home (AR) 10:30 Shopping at Walmart (ML) 11:00 Wii Bowling and Table Games on your own (AR) 1:30 Play Texas Hold'em! (AR) 3:00 NICKEL BINGO! (AR)	9:30 Strength & Flexibility/Morning Walk (AR) 10:00 Mid Week Worship	Coffee Cake & Conversation 5 9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Coffee Cake & Conversation with Lee County Library (AR) 1:00 Root Beer & Roulette! (AR) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR)	Have a Heart 9:30 Catholic Mass w/ Fr. Joseph (LB) 9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness (AR) 11:00 Resident Council Meeting (AR) 11:45 Resident Ambassador	Race Day 9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Lunch at Jason's Deli (ML) 11:00 Table Games Run by Residents (AR) 1:30 Wiener Dog Racing! (AR) 1:30 Church Service w/RevCaldwell (LB) 3:00 Nickel Poker (AR)	10:00 Sit Fit Moves to Music! (AR) 10:30 Wii Bowling Tournament with Clark and Friends (AR) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon with Don (AR) 3:00 NICKEL BINGO! (AR)
9:00 First Assembly Church (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 1:00 Cornhole Practice (V) 2:00 BINGO! (AR) 3:00 Movie Matinee - (LB)	9:30 Morning Meditations (AR) 9:30 Shop at Goodwill Lunch at Salty Papa's (ML) 10:00 Monday Morning Moves W/ Discovery at Home (AR) 11:00 Wii Bowling and Table Games on your own (AR) 2:00 Love Songs Singalong W/ Senior Serenaders (DR) 3:00 NICKEL BINGO! (AR)	Valentine Songs with Dennis Schaefer 9:30 Strength & Flexibility - Seated Exercise for Arthritis (AR) 10:00 Mid Week Worship W/ Pastor Bruce (DR) 11:00 Mexican Train Dominoes (AR) 11:00 Gulf Coast Humane Society Visits from our Furry Friends! 1:00 Valentine Songs with Dennis Schaefer! (DR) 3:00 POKENO! (AR)	9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Valentine Dot Painting (AR) 1:00 Wii Bowling Tournament (AR) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR)	9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness (AR) 11:00 Tour Jamaica w/ Jamaican Punch & Pineapple Salsa (AR) 1:00 Must See Places - Episode Two - Wildlife Treasures (AR) 1:30 Cornhole Challenge! (V) 3:00 Happy Hour! w/Cherie & Neil! (DR)	9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Shopping at Publix (ML) 11:00 Rummikub & Table Games on your own (AR) 11:00- 2:00 Valentine's Day Lunch (DR) 1:30 Church Service w/Rev Caldwell (LB) 3:00 Nickel Poker! (AR)	10:00 Sit Fit Moves to Music! (AR) 10:30 Wii Bowling Tournament with Clark and Friends (AR) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon with Don (AR) 3:00 NICKEL BINGO! (AR)
9:00 McGregor Baptist Livestream (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 1:00 Cornhole Practice (V) 2:00 BINGO!(AR) 3:00 Movie Matinee (LB)	9:30 Morning Meditations (AR) 10:00 Monday Morning Moves w/ Discovery at Home (AR) 10:30 Shopping at Walmart (ML) 11:00 Wii Bowling and Table Games on your own (AR) 1:30 Play Texas Hold'em! (AR) 3:00 NICKEL BINGO! (AR)	### Throb 18 9:30 Strength & Flexibility (AR) 10:00 Midweek Worship	9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Activity Planning Meeting (AR) 1:00 Root Beer & Roulette! (AR) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR)	Menu Chat with Chef 20 9:30 Catholic Communion Service (LB) 9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness (AR) 11:00 - a Health Talk- presented by Discovery at Home (A) 1:00 Menu Chat with Chef (AR) 1:30 Cornhole Challenge! (V) 3:00 Happy Hour w/Keith Parker! (DR)	See You on the Porch 21 9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Lunch at Bahama Breeze (ML) 11:00 Table Games on your own (AR) 1:30 Church Service w/ Rev.Caldwell (LB) 1:30 Back Porch Social & Chocolate Fondue (V) 3:00 Nickel Poker (AR) 7:00 Game Show Get Together (3rd fl)	10:00 Sit Fit Moves to Music! (AR) 10:30 Wii Bowling Tournament with Clark and Friends (AR) 1:00 Anagrams with MJ! (AR) 1:30 Play Backgammon with Don (AR) 3:00 NICKEL BINGO! (AR)
9:00 Calvary Chapel Service (LB) 10:00 Sit Fit on your own (AR) 10:30 Catholic Mass on TV (LB) 1:00 Cornhole Practice (V) 2:00 BINGO! (AR) 3:00 Movie Matinee - (LB)	9:30 Morning Meditations (AR) 9:30 Walk & Picnic at Four Mile Cove Preserve (ML) 10:00 Monday Morning Moves W/ Discovery at Home (AR) 11:00 Wii Bowling and Table Games on your own (AR) 1:30 Play Texas Hold'em! (AR) 3:00 NICKEL BINGO! (AR) 5:30 Evening Yarn Circle (3rd fl)	Visit Oregon 25 9:30 Strength & Flexibility(AR) 10:00 Midweek Worship	1ce Cream Social 26 9:30 Midweek Meditations (AR) 10:00 Sit Fit & Morning Walk (AR) 10:30 Wii Bowling Tournament (AR) 1:00 Ice Cream Social (AR) 1:30 Holy Rosary (LB) 3:00 NICKEL BINGO! (AR)	9:30 Garden Gurus (V) 10:00 Health & Stamina Fitness & Morning Walk (AR) 10:30 Ladies Tea (2nd floor) 11:00 Wii Games - Resident Choice(AR) 1:00 Rummikub (AR) 1:30 Cornhole Challenge! (V) 3:00 Happy Hour w/Eva Adams!! (DR)	Singalong with Jim & Lynn 9:30 Morning Meditation (LB) 10:00 Fit Friday w/Discovery at Home (AR) 10:30 Shopping at Walmart (ML) 11:00 Table Games on your own (AR) 1:00 Wii Games Challenge (AR) 1:30 Church Service w/Rev. Caldwell (LB) 3:00 Singalong w/Jim & Lynn! (DR)	Happy Valentines day!