

SUN MON TUE WED THUR FRI SAT

LOCATION KEY B - Bistro CR - Craft Room DR - Dining Room GF - Ground Floor L - Lounge	T - Theatre					3:00 PM Chair Volleyball (GF) 1
Groundhog Day 10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T)	8:15 AM Podiatrist - Dr. Haith 3 9:30 AM Energizing Yoga (GF) 11:00 AM Rock n' Band (GF) 12:30 PM Decorating Cookies w/ Wendy (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L)	10:00 AM Hallway Exercise (GF) 4 10:00 AM Trivia Tuesday (CR) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:00 PM "90 Proof" (L) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 5 9:30 AM Craft Time (CR) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L)	10:00 AM Catholic Mass (T) 6 10:00 AM Hallway Exercise (GF) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	Lunar New Year 9:30 AM HUR Fitness (Gym) 7 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	3:00 PM Chair Volleyball (GF) 8
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 9	9:30 AM Energizing Yoga (GF) 10 10:30 AM Shopping at HyVee 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Book Club (B) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Ladies Tea (L) 3:00 PM Bingo (L)	10:00 AM Hallway Exercise (GF) 11 10:00 AM Trivia Tuesday (CR) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:00 PM Activities Meeting (L) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Wine Tasting w/ Jeff Griffith (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 12 9:30 AM Craft Time (CR) 10:00 AM Lakeview Blood Pressure Clinic (L) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L)	9:30 AM Seamstress (L) 13 10:00 AM Catholic Word and Communion Service (T) 10:00 AM Hallway Exercise (GF) 10:45 AM Juliet Luncheon (Ya Yah's Euro Bistro) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	Valentine's Day 9:30 AM HUR Fitness (Gym) 14 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Birthday Mix and Mingle (L)	3:00 AM Travelogue - San Diego - Part 1 (L) 15
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 16	President's Day 9:30 AM Energizing Yoga (GF) 17 10:45 AM Mixed Luncheon (Anthony's Restaurant) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L)	10:00 AM Hallway Exercise (GF) 18 10:00 AM Trivia Tuesday (CR) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Men's Pub Club (B) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 19 9:30 AM Craft Time (CR) 10:30 AM Hallmark Visitors Center 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L)	10:00 AM Catholic Word and Communion Service (T) 20 10:00 AM Hallway Exercise (GF) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM HUR Fitness (Gym) 21 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	3:00 PM Chair Volleyball (GF) 22
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 23	9:30 AM Casino 24 9:30 AM Energizing Yoga (GF) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Town Hall Meeting-Julie from ACG Hospice (DR) 3:00 PM Bingo (L)	10:00 AM Hallway Exercise (GF) 25 10:00 AM Trivia Tuesday (CR) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:00 PM Soleful Soaks with Nancy from American Shaman (L) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM HUR Fitness (Gym) 26 9:30 AM Craft Time (CR) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L)	10:00 AM Catholic Word and Communion Service (T) 27 10:00 AM Hallway Exercise (GF) 10:45 AM Romeo Luncheon (Rudy's Taqueria) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM HUR Fitness (Gym) 28 10:00 AM Color Me Calm (CR) 10:30 AM Shopping at Price Chopper 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L)	

February 2025

