






SUN	MON	TUE	WED	THUR	FRI	SAT
All Programs are Subject to Change		 <b>BLACK HISTORY MONTH</b>			L- Lobby DK- Downstairs Kitchen FR- Fountain Room DR- Dining Room TH- Theater	9:30 Yoga for Seniors 10:00 <b>George Visits- Pet Therapy</b> 10:00 Trip Plays the Keyboard (L) 10:45 Coffee, Conversation and Connections (L) 1:30 Mind Games w/ Ally (L) 2:30 Ice Cream Social (L) 3:00 <b>Texas Hold'em Poker Game (FR)</b> 6:30 <b>Evening Movie: Grease (FR)</b>
<b>Groundhog Day</b> 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Scrabble Club (DK) 11:00 <b>Lummi Stick Exercise Music Fun (L)</b> 1:15 Tell Us Something Good (L) 1:30 BrainTeasers w/ Kathleen (L) 2:30 Chip and Sip (L) 2:45 <b>Music Bingo (L)</b> 6:30 <b>Travelogue: Jamaica (Channel 97)</b>	9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 <b>Music Mondays: Sing-A-Long (L)</b> 1:15 Tell Us Something Good (L) 1:30 <b>News and Views (L)</b> 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:30 Money Bingo Monday (FR)	9:30 Yoga for Seniors 10:00 Walking Club (L) 10:15 <b>Trip To Publix</b> 10:45 Coffee and Conversation (L) 1:30 <b>Movie Matinee (TH)</b> 1:30 <b>Scenic Bus Ride: Sign up at front desk!</b> 1:30 Wordcicle w/ Annie and Ally (DK) 2:30 Snacks and Some (L) 6:15 <b>Tuesday Trivia w/ June (L)</b>	9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 1:30 Wisdom Wednesday (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:30 Biography: Barbara Stanwyck (Channel 97)	9:30 Yoga for Seniors 10:30 <b>Catholic Service (FR)</b> 11:00 Ball-A-Size- Exercise Class w/ Kath 1:15 Tell Us Something Good (L) 1:30 Brain Games w/ Kathleen (L) 2:30 Ice Cream Sundaes on Thursday 3:15 <b>Money Bingo \$5 to Play (FR)</b> 6:30 <b>Biography Blog w/ June (L)</b>	9:00 Walking Club (L) 9:30 Yoga for Seniors 10:30 Music Therapy w/ VITAS HEALTHCARE (L) 11:00 Word Games w/ Ally (L) 1:15 <b>Music with Joel (L)</b> 2:30 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 <b>Shabbat Services (FR)</b> 6:30 Friday Concert: Neil Sedaka (Channel 97)	9:30 Yoga for Seniors 10:00 <b>George Visits- Pet Therapy</b> 10:00 Trip Plays the Keyboard (L) 10:45 Coffee, Conversation and Connections (L) 1:30 Cranium Crunch (L) 2:30 Ice Cream Social (L) 3:00 <b>Texas Hold'em Poker Game (FR)</b> 6:30 <b>Evening Movie: The Longest Ride (FR)</b>
<b>Superbowl LIX</b> 9:00 Walking Club 9:30 Yoga for Seniors 10:00 Scrabble Club (DK) 11:00 <b>Lummi Stick Exercise Music Fun (L)</b> 1:30 <b>ShowTime w/ Lyonel Fils-Aime (DR)</b> 2:45 Celebrity Bingo (L) 2:45 Chip and Sip (L) 6:00 SuperBowl LIX Party (L)	9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 <b>Music Mondays: Sing-A-Long (L)</b> 1:15 Tell Us Something Good (L) 1:30 <b>Current Events w/ Kath (L)</b> 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:30 Sentimental Clarinet Quartet with Nature Sounds- What a Wonderful World (Channel 97)	9:30 Yoga for Seniors 10:00 Walking Club (L) 10:15 <b>Trip to Dollar Store</b> 11:00 <b>Coral Park Elementary School Singing (L)</b> 1:30 <b>Acrylic Painting w/ Barbara and Kath: Sign Up at Front Desk: Limited 12 People (FR)</b> 2:30 Snacks and Some (L) 3:00 Rummikub Club (DK) 6:15 <b>Tuesday Trivia w/ June (L)</b>	9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 <b>Zumba Dancing Exercise Class w/ Julie (L)</b> 11:45 <b>Lunch Trip: Red Ginger</b> 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:30 Biography: Cary Grant (Channel 97)	<b>Goody Goody Gum Drop Day</b> 9:30 Yoga for Seniors 10:30 <b>Catholic Service (FR)</b> 11:00 Ball-A-Size- Exercise Class w/ Kath 1:15 Tell Us Something Good (L) 1:30 Kathleen's Korner (L) 2:30 Goody Goody GUMDROPS 3:15 <b>Money Bingo \$5 to Play (FR)</b> 6:30 <b>Biography Blog w/ June (L)</b>	<b>Valentine's Day</b> 9:00 Walking Club (L) 9:30 Yoga for Seniors 10:30 Music Therapy w/ VITAS HEALTHCARE (L) 11:00 Word Games w/ Kath (L) 1:15 <b>Music with Joel (L)</b> 2:30 Potpourri w/ Kath (L) 2:45 Hors D'oeuvre Social (L) 3:30 <b>Shabbat Services (FR)</b> 6:30 Friday Concert: Celene Dion (Channel 97)	9:30 Yoga for Seniors 10:00 <b>George Visits- Pet Therapy</b> 10:00 Trip Plays the Keyboard (L) 10:45 Coffee, Conversation and Connections (L) 1:30 Celebrating Black History Month (L) 2:30 Ice Cream Social (L) 3:00 <b>Texas Hold'em Poker Game (FR)</b> 6:30 <b>Evening Movie: The Proposal (FR)</b>
9:00 Walking Club 9:30 Yoga for Seniors 10:00 Scrabble Club (DK) 11:00 <b>Lummi Stick Exercise Music Fun (L)</b> 1:15 Tell Us Something Good (L) 1:30 BrainTeasers w/ Kathleen (L) 2:30 Chip and Sip (L) 2:45 <b>Music Bingo (L)</b> 6:30 <b>George Washington: American Revolutionary (Channel 97)</b>	<b>President's Day</b> 9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 <b>Music Mondays: Sing-A-Long (L)</b> 1:30 <b>Guess the President (L)</b> 2:30 Hors D'oeuvre Social (L) 2:45 Presidents Day Bingo (L) 6:15 <b>Harry Getzov Presents: (L)</b>	9:30 Yoga for Seniors 10:00 Walking Club (L) 10:15 <b>Trip To Publix</b> 10:45 Coffee and Conversation (L) 1:30 <b>Movie Matinee (TH)</b> 1:30 <b>Scenic Bus Ride: Sign up at front desk!</b> 1:30 Wordcicle w/ Annie and Ally (DK) 2:30 Snacks and Some (L) 6:15 <b>Tuesday Trivia w/ June (L)</b>	9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 <b>Zumba Dancing Exercise Class w/ Julie (L)</b> 1:30 <b>Mind and Melody: Turning Up The Joy of Life With Music (L)</b> 1:30 Wisdom Wednesday (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:30 Biography: Milton Hershey: The Chocolate King (Channel 97)	9:30 Yoga for Seniors 10:30 <b>Catholic Service (FR)</b> 11:00 Ball-A-Size- Exercise Class w/ Kath 11:00 <b>Book Club: The Women (DK)</b> 11:45 <b>BBQ Lunch By the Pool Sign Up at Front Desk Limited Spots Available (Meet in Lobby)</b> 2:30 Ice Cream Sundaes on Thursday 3:15 <b>Money Bingo \$5 to Play (FR)</b> 6:30 <b>Biography Blog w/ June (L)</b>	9:00 Walking Club (L) 9:30 Yoga for Seniors 10:00 Word Games w/ Ally (L) 10:30 Music Therapy w/ VITAS HEALTHCARE (L) 1:15 <b>Music with Joel (L)</b> 2:30 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 <b>Shabbat Services (FR)</b> 6:30 Friday Concert: Paul Anka (Channel 97)	9:30 Yoga for Seniors 10:00 <b>George Visits- Pet Therapy</b> 10:00 Trip Plays the Keyboard (L) 10:45 Coffee, Conversation and Connections (L) 1:30 Brain Strain w/ Allyson (L) 2:30 Ice Cream Social (L) 3:00 <b>Texas Hold'em Poker Game (FR)</b> 6:30 <b>Evening Movie: A Beautiful Mind (FR)</b>
9:00 Walking Club 9:30 Yoga for Seniors 10:00 Scrabble Club (DK) 10:30 <b>Donuts and Discussion (L)</b> 11:00 <b>Lummi Stick Exercise Music Fun (L)</b> 1:30 <b>Showtime w/ Elayne and Jeff (DR)</b> 2:30 Chip and Sip (L) 2:45 Celebrity Bingo (L) 6:30 <b>Travelogue: Hawaiian Islands (Channel 97)</b>	9:30 Yoga for Seniors 10:00 Exercise Class (L) 10:30 <b>Music Mondays: Sing-A-Long (L)</b> 1:15 Tell Us Something Good (L) 1:30 <b>Current Events w/ Kath (L)</b> 2:30 Hors D'oeuvre Social (L) 2:45 Kathleen's Bingo (L) 6:30 Money Bingo Monday (FR)	9:30 Yoga for Seniors 10:00 Walking Club (L) 10:15 <b>Trip to Target</b> 10:45 Coffee and Conversation (L) 1:15 Tell Us Something Good (L) 1:30 Pokeno (L) 2:45 February Birthday Party (L) 3:00 Rummikub Club (DK) 6:15 <b>Tuesday Trivia w/ June (L)</b>	9:00 Walking Club 9:30 Yoga for Seniors 10:00 Domino Club (DK) 10:45 <b>Zumba Dancing Exercise Class w/ Julie (L)</b> 1:30 Wisdom Wednesday (L) 2:30 Chat and Nibble (L) 3:00 Rummikub Club (FR) 6:30 Biography: Grace Kelly (Channel 97)	9:30 Yoga for Seniors 10:30 <b>Catholic Service (FR)</b> 11:00 Ball-A-Size- Exercise Class w/ Kath 1:30 Kathleen's Korner (L) 2:30 <b>Cooking Demo with Chef Adam (L)</b> 3:00 <b>Food Meeting (L)</b> 3:30 <b>Resident Meeting (L)</b> 6:30 <b>Biography Blog w/ June (L)</b>	9:00 Walking Club (L) 9:30 Yoga for Seniors 10:30 Music Therapy w/ VITAS HEALTHCARE (L) 11:00 Word Games w/ Ally (L) 1:15 <b>Music with Joel (L)</b> 2:30 Potpourri w/ Ally (L) 2:45 Hors D'oeuvre Social (L) 3:30 <b>Shabbat Services (FR)</b> 6:30 Friday Concert: Wayne Newton (Channel 97)	

# February 2025

The Inn at Aston Gardens Assisted Living

