	SUN	MON	TUE	WED	THUR	FRI	SAT		
)	LOCATION KEY AR - 3rd Floor Art Room CR - AL 2nd FL Card Room AR - Art Room- AL 3rd FL B - Bistro CY - Court Yard FC - Fitness Center LC - Legends Club LL - Library PD - Private Dining Room RT - Reels Theater	SD - Sensations Dining					9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)		
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Blood Pressure Clinic - New! (B) 9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 2:00 Target & Walmart Shopping 2:30 Card Making Class (RT)	Mardi Gras 9:30 Sit & Fit (SD) 10:30 Crafting Leprechaun Plaques (RT) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 2:00 Art Class With Debi (AR) 3:00 Jen's Birthday/Trivia/Mardi	8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Mexican Train (LC) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR)	8:00 Walking Club (Lobby) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Leprechaun Plaques (AR) 10:30 Bingo (LC) 1:30 Chair Pilates (FC) 2:30 Corn Hole (CY) 3:30 OSH Children's Talent Show (CY) 6:00 Jazz Club at Discovery Village	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Happy Hour w/ Frank Mackey	9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)		
1	Daylight Savings Time Begins 9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 1:30 Parkinson's Support Group (PD) 2:00 Target & Walmart Shopping 2:30 Card Making Class (AR)	8:00 Walking Club (Lobby) 9:30 Chair Cardio/Balance & Resistance Bands (SD) 10:30 Crafting Quilled Shamrocks (RT) 10:30 Hand & Foot Card Game (LC) 1:30 Qi Gong/Tai Chi (FC) 2:15 Chef Chat (LC) 3:00 Pub Trivia (LC)	8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Penny Pokeno (LC) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR)	8:00 Walking Club (Lobby) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Quilled Shamrocks (CR) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Chair Pilates (FC) 2:30 Corn Hole (CY)	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 11:00 Lunch at Olive Garden 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Happy Hour w/ Music by Pearl Joy	9:30 Cardio Drumming (SD) 9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)		
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	St. Patrick's Day 9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rumnikub (LC) 11:30 St. Patrick's Day Luncheon 1:00 Bingo (LC) 2:00 Target & Walmart Shopping 3:30 Buds & Suds (CR)	8:00 Walking Club (Lobby) 9:30 Chair Cardio/Balance & Resistance Bands (SD) 10:30 Crafting Paint Chip Fruit Pictures (RT) 10:30 Hand & Foot Card Game (LC) 1:30 Qi Gong/Tai Chi (FC) 2:00 Art Class With Debi (RT) 3:00 Pub Trivia (LC)	8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:00 DSK Free Legal Seminar (RT) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Mexican Train (LC) 1:00 Why Not Wednesday: Learn a New Game (LC) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR)	First Day of Spring 8:00 Walking Club (Lobby) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Paint Chip Fruit Pictures (AR) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:00 Caregiver Support Group (RT) 1:30 Chair Pilates (FC) 2:30 Corn Hole (CY)	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Entertainment by Barbara Blair (SD)	9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)		
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR) 3:00 Royal Caribbean Cruise Info Session (RT)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 2:00 Target & Walmart Shopping 3:00 Page Turners Book Club (LL)	8:00 Walking Club (Lobby) 9:30 Chair Cardio/Balance & Resistance Bands (SD) 10:30 Crafting Koala Paper Collages (RT) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Qi Gong/Tai Chi (FC) 2:00 Ladies' Tea, By Invitation (PD) 3:00 Pub Trivia (LC)	Day in Australia	Swap Meet	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 11:00 Lunch at Squid Lips 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Music by Sound Traveler (SD)	9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)		
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 2:00 Target & Walmart Shopping							

March 2025

Independent Living



	SUN	MON	TUE	WED	THUR	FRI	SAT
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 2:00 Target & Walmart Shopping	LOCATION KEY AR - 3rd Floor Art Room CR - AL 2nd FL Card Room AR - Art Room- AL 3rd FL B - Bistro CY - Court Yard FC - Fitness Center LC - Legends Club LL - Library PD - Private Dining Room RT - Reels Theater	SD - Sensations Dining			9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Blood Pressure Clinic - New! (B) 9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 2:00 Target & Walmart Shopping 2:30 Card Making Class (RT)	9:30 Sit & Fit (SD) 10:30 Crafting Leprechaun Plaques (RT) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 2:00 Art Class With Debi (AR) 3:00 Jen's Birthday/Trivia/Mardi Gras Party (LC)	8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Mexican Train (LC) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR)	8:00 Walking Club (Lobby) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Leprechaun Plaques (AR) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Chair Pilates (FC) 2:30 Corn Hole (CY) 3:30 OSH Children's Talent Show (CY) 6:00 Jazz Club at Discovery Village	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Happy Hour w/ Frank Mackey	9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)
7	Daylight Savings Time Begins 9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 1:30 Parkinson's Support Group (PD) 2:00 Target & Walmart Shopping	8:00 Walking Club (Lobby) 9:30 Chair Cardio/Balance & Resistance Bands (SD) 10:30 Crafting Quilled Shamrocks (RT) 10:30 Hand & Foot Card Game (LC) 1:30 Qi Gong/Tai Chi (FC) 2:15 Chef Chat (LC) 3:00 Pub Trivia (LC)	8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Penny Pokeno (LC) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR)	8:00 Walking Club (Lobby) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Quilled Shamrocks (CR) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Chair Pilates (FC) 2:30 Corn Hole (CY)	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 11:00 Lunch at Olive Garden 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Happy Hour w/ Music by Pearl Joy	9:30 Cardio Drumming (SD) 9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 11:30 St. Patrick's Day Luncheon 1:00 Bingo (LC) 2:00 Target & Walmart Shopping 3:30 Buds & Suds (CR)	8:00 Walking Club (Lobby) 9:30 Chair Cardio/Balance & Resistance Bands (SD) 10:30 Crafting Paint Chip Fruit Pictures (RT) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Qi Gong/Tai Chi (FC) 2:00 Art Class With Debi (RT) 3:00 Pub Trivia (LC)	8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:00 DSK Free Legal Seminar (RT) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Mexican Train (LC) 1:00 Why Not Wednesday: Learn a New Game (LC) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR)	8:00 Walking Club (Lobby) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Paint Chip Fruit Pictures (AR) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:00 Caregiver Support Group (RT) 1:30 Chair Pilates (FC) 2:30 Corn Hole (CY)	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Entertainment by Barbara Blair (SD)	9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)
	9:00 Ascension Catholic Church 9:30 Calvary Chapel Nondominational Service (RT) 12:45 Rummikub (LC) 1:30 Sunday Funday Bingo! (CR) 2:30 Card Games (CR) 3:00 Royal Caribbean Cruise Info Session (RT)	9:30 Sit & Fit (SD) 10:30 Discovery Zone: Video Series (RT) 10:30 Rummikub (LC) 1:00 Bingo (LC) 2:00 Target & Walmart Shopping 3:00 Page Turners Book Club (LL)	8:00 Walking Club (Lobby) 9:30 Chair Cardio/Balance & Resistance Bands (SD) 10:30 Crafting Koala Paper Collages (RT) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Qi Gong/Tai Chi (FC) 2:00 Ladies' Tea, By Invitation (PD) 3:00 Pub Trivia (LC)	Day in Australia 8:00 Walking Club (Lobby) 9:30 Chair Zumba/Balance & Weights (SD) 10:30 Rummikub (LC) 10:45 Brain Training (FC) 11:00 Catholic Communion (RT) 1:00 Penny Pokeno (LC) 1:00 Tour of Australia (RT) 1:30 Chair Yoga (FC) 3:00 Jewelry Making (AR) 4:30 Australia Dinner (SD)	Swap Meet 8:00 Walking Club (Lobby) 9:00 Swap Meet (B) 9:15 Devotions (LL) 9:30 Chair Dancercize, Balance & Exercise Ball (SD) 10:30 Crafting Koala Paper Collages (AR) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 1:30 Chair Pilates (FC) 2:00 Town Hall Meeting (SD) 2:30 Corn Hole (CY) 4:30 Dinner Outing to Skewers Mediterranean Cuisine	8:00 Walking Club (Lobby) 9:30 Publix & Bealls Shopping 10:00 Rock Steady W/ PowerBack (SD) 10:30 Rummikub (LC) 11:00 Lunch at Squid Lips 1:00 Scrabble (LC) 1:30 Gardening Club (CY) 3:00 Music by Sound Traveler (SD)	9:30 Group Fitness: Volleyball (SD) 10:15 Relaxation & Meditation (FC) 10:30 Hand & Foot Card Game (LC) 1:00 Bingo (LC) 4:15 Rosary Prayer (RT)
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March 2025



	Sunday	7	Monday		Tuesday		923	Wednesday		Thursday	5	Friday	(3)	Saturday	
3					Iarc		h	20	2	5				10:00 Daily Chronicle 10:30 BINGO 1:30 Noodle Ball 2:30 Movie & Popcorn 3:30 Creative Canvas 6:00 Weekend Wind-Down	1
	10:00 Daily Chronicle 10:15 Stretch & Flex 10:45 Hymns Sing-along 1:00 Creative Canvas 2:00 Sundae Scoops 3:00 Nail Spa 6:00 Evening Movie		10:00 Daily Chronicle 10:15 Chair Yoga 10:40 Name the Tune 1:00 Watercolor Painting 2:00 Birthday Bash w/ Amy 3:00 Music & Mocktails 6:00 Evening Movie	3	10:00 Daily Chronicle 10:15 Moving w/ Music 10:40 BINGO 2:00 Mardi Gras Party 3:00 Creative Canvas 6:00 Evening Movie		10:30 Lo 1:30 Na 2:30 Ba 3:30 Re Refresh	alloon Volleyball eminiscing &	5 вво	10:00 Daily Chronicle 10:15 Fitness Fun 10:40 Garden Club 1:00 Creative Canvas 2:00 Baking w/ Brittany: Homemade Oreo Cookies 6:00 Evening Movie	6	10:00 Daily Chronicle 10:30 Space Coast Therapy Dogs 1:00 Watercolor Painting 2:00 Music & Mocktails 3:00 Creative Canvas 6:00 Evening Movie	7	10:00 Daily Chronicle 10:30 BINGO 1:30 Noodle Ball 2:30 Movie & Popcorn 3:30 Creative Canvas 6:00 Weekend Wind-Down	8
	10:00 Daily Chronicle 10:15 Stretch & Flex 10:45 Hymns Sing-along 1:00 Creative Canvas 2:00 Sundae Scoops 3:00 Nail Spa 6:00 Evening Movie Daylight Saving Time Begins		10:00 Daily Chronicle 10:15 Chair Yoga 10:40 Scattergories 1:00 Watercolor Painting 2:00 Singalong w/ Lorraine 3:00 Music & Mocktails 6:00 Evening Movie	10	10:00 Daily Chronicle 10:15 Moving w/ Music 10:40 BINGO 2:00 Craft Corner 3:00 Creative Canvas 6:00 Evening Movie	11	10:00 E 10:30 S 1:30 Na 2:30 Ba 3:30 Re Refresh	alloon Volleyball eminiscing &	12	10:00 Daily Chronicle 10:15 Fitness Fun 10:40 Garden Club 1:00 Creative Canvas 2:00 Jewelry Making 6:00 Evening Movie Purim Begins	13	10:00 Daily Chronicle 10:30 Trivia 1:00 Watercolor Painting 2:00 Happy Hour w/ Harvey 3:00 Watercolor Painting 6:00 Evening Movie	14	10:00 Daily Chronicle 10:30 BINGO 1:30 Noodle Ball 2:30 Movie & Popcorn 3:30 Creative Canvas 6:00 Weekend Wind-Down	15
			10:00 Daily Chronicle 10:15 Chair Yoga 10:40 Name the Tune 1:00 Watercolor Painting 2:00 St. Patrick's Day Party 3:00 Music & Mocktails 6:00 Evening Movie St. Patrick's Day	17	10:00 Daily Chronicle 10:15 Moving w/ Music 10:40 BINGO 2:00 Craft Corner 3:00 Creative Canvas 6:00 Evening Movie	18	10:00 L 10:30 S 1:30 Na 2:30 Ba 3:30 Re Refresh	alloon Volleyball eminiscing &	19	•	20	10:00 Daily Chronicle 10:30 Brain Boosters 1:00 Watercolor Painting 2:00 Happy Hour w/ Oscar 3:00 Creative Canvas 6:00 Evening Movie	21	10:00 Daily Chronicle 10:30 BINGO 1:30 Noodle Ball 2:30 Movie & Popcorn 3:30 Creative Canvas 6:00 Weekend Wind-Down Marie C. Birthday!	22
			10:00 Daily Chronicle 10:15 Chair Yoga 10:40 Brain Games 1:00 Watercolor Painting 2:00 Cookie Decorating 3:00 Music & Mocktails 6:00 Evening Movie	24	10:00 Daily Chronicle 10:15 Moving w/ Music 10:40 BINGO 2:00 Craft Corner 3:00 Creative Canvas 6:00 Evening Movie	25	10:00 L 10:30 S 1:30 Na 2:30 Ba 3:30 Re Refresh	alloon Volleyball eminiscing &	26		27	10:00 Daily Chronicle 10:30 Trivia 1:00 Watercolor Painting 2:00 Music & Mocktails 3:00 Creative Canvas 6:00 Evening Movie	28	,	29
	10:00 Daily Chronicle 10:15 Stretch & Flex 10:45 Hymns Sing-along 1:00 Creative Canvas 2:00 Sundae Scoops 3:00 Nail Spa 6:00 Evening Movie		10:00 Daily Chronicle 10:15 Chair Yoga 10:40 Name the Tune 1:00 Watercolor Painting 2:00 Flower Arranging 3:00 Music & Mocktails 6:00 Evening Movie	31			1			1					
	Discovery Village at Melbour	rne					38				Se				